

LUNCH ORDERS

BRUNSWICK EAST PRIMARY SCHOOL POLICY

Rationale:

- The provision of an efficient and effective food service to which will promote and reinforce healthy eating practices and provide a service for parents wishing to purchase lunches for their children.

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Aims:

- To provide an effective food service which provides healthy food in a manner that complies with health regulations and requirements.
- To address the nutritional issues affecting children through the provision of a healthy food service. Issues may include:
 - growth
 - bone health and development
 - dental health
 - weight management (overweight and underweight)
 - eating disorders and body image
 - mood, concentration and learning
 - development of food preferences, tastes, eating habits and skills
 - promotion of health and prevention of long term health consequences
 - nutritional adequacy.

Implementation:

- The food service provider will receive a copy of DEECD's canteen food guidelines, and the following school's policies for reference: *Healthy Foods, Lunch Orders, Go For Your Life and Anaphylaxis*.
- The list of items that can be purchased from a lunch list will be reviewed each semester to ensure current practices are being maintained.
- Students and parents will be able to order lunch items specified on lunch menu.
- The shop owner will discourage parents and students who go to the shop and place in orders for items not on the school lunch list.
- Students will be assisted in making healthy eating choices, complementing the knowledge, skills and behaviour about healthy eating and lifestyles that are taught in the classroom.
- Special food days will be held each term.
- The food service provider will work closely with the school council to support school community special events e.g. fete, winter ball etc
- The food service provider will work closely with the school council to ensure that contractual arrangements are met.

Evaluation:

- This policy will be reviewed as part of the school's review cycle.

This policy was last ratified by School Council on 23rd June 2008